

SAULT COLLEGE OF APPLIED ARTS & TECHNOLOGY  
SAULT STE. MARIE, ONTARIO


COURSE OUTLINE

COURSE TITLE: Counselling Skills  
CODE NO.: HDG 200-3  
PROGRAM: Native Community Worker  
SEMESTER: Three  
DATE: September 1991  
AUTHOR: LISA PIOTROWSKI

New:

Revision:

APPROVED:

  
NacTeah Koch, Dean  
School of Arts and  
General Education

DATE: LJAX & /a/q/

**PHILOSOPHY/GOALS:**

This course is an introduction to Counselling Methodology. It is designed to introduce the students to the techniques of the helping interview. Types of interviews, implications of self-awareness to a helping interview and cultural context will be emphasized.

**OBJECTIVES:**

Upon successful completion of this course the student will have developed skills in:

- a. Self-awareness and self-confidence in the counselling setting.
- b. Methods of note-taking while interviewing.
- c. Responding to client needs and goal planning with clients.
- d. Clarifying client communication and responding accurately and sensitively.
- e. Team work by experiencing interactions with other Native professionals from the local community.

**TEXT REQUIRED:**

The Helping Relationship: Process and Skills, Fourth Edition  
Author: Lawrence M. Brammer

For reference only. Can be located in Native Education and Training Office or in Library.

**HELPING OTHERS HELP THEMSELVES - A GUIDE TO COUNSELLING SKILLS**

Authors: John Loughary, Theresa Ripley

**EVALUATION**

Attendance & Participation .....	20%
Chapter Tests .....	20%
Mid Term Project .....	20%
Case Studies .....	20%
Final .....	20%
<b>TOTAL</b>	<b>100%</b>

**NOTE:**

Assignments will be typewritten and handed in on the due date. Any late assignment will be penalized 1% per day late.